

Since the onset of COVID-19, people have been spending more time in their apartments, working from home. This has increased the need for good indoor air quality. Controlling humidity, keeping the apartment clean and dry, and promoting air circulation are simple ways of improving air quality.

## **Negative impacts of poor IAQ**

Poor IAQ has been linked to:

- > Fatigue, headaches, and irritation of the eyes, nose and throat
- > Exacerbation of respiratory conditions such as asthma and allergies
- Occurrences of increased humidity and mould

## Importance of good IAQ in apartment buildings

In an apartment with controlled HVAC and purified air occupants and building

owners can benefit from:

- > Optimal thermal comfort
- > Improved health and well-being
- > Improved quality of life

## Improving indoor air quality in an apartment

The most simple ventilation method for apartments is to open windows to allow air to circulate inside. However, this can become problematic with noise, extreme temperatures and the risk of outdoor air pollutants entering the space. Various elements of an

effective HVAC solution can help to provide comfortable and clean indoor environments. These include

- Air conditioning systems with effective air purification and filtration technology
- Air purifiers that remove harmful substances such as mould, odours, bacteria, viruses, volatile organic compounds, pollen and allergens from the air
- Smart controls to minimise energy consumption

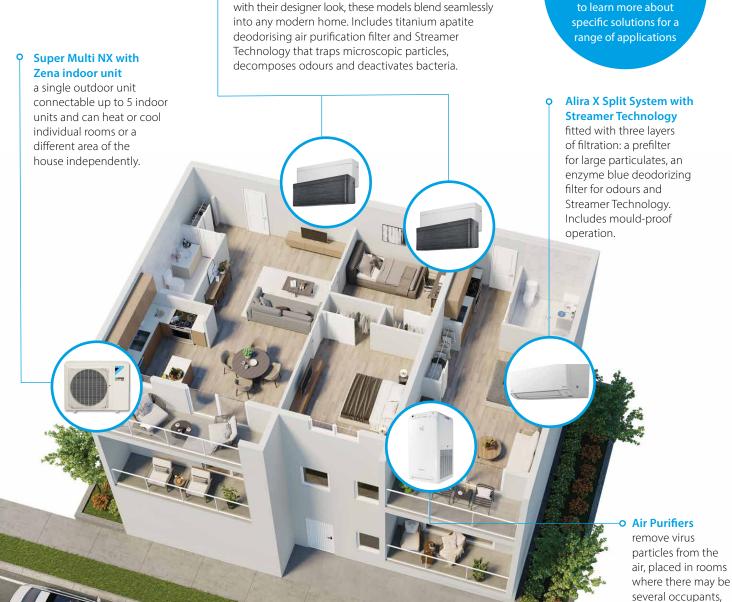
Daikin split systems and air purifiers carry the Sensitive Choice symbol, used to more easily identify asthma and allergy-friendly products. Our split systems regulate temperature, ventilation and humidity levels, providing ideal conditions all year round.

**Zena Split System with Streamer Technology** 

Choosing the best air conditioning system for their space and choosing air conditioning with air purification capability will provide a clean and comfortable environment for residents.



Download the handbook to learn more about specific solutions for a range of applications



Learn more how we can help improve Indoor Air Quality levels in your next project. Book a consultation with our Daikin Air Specialists.





For all Sales enquiries, email: commercial@daikin.com.au For Customer Service or Technical Support, call: 1300 368 300





and the potential risk of virus spread.